

## BIBLIOGRAPHY:

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*“Several studies have found that an average person is lied to from 10 to 200 times a day—mostly just to keep a conversation going, to avoid conflict, or to establish a connection w/someone... There are...(a) half-dozen or so falsehoods we hear every day that can lead us down the wrong path in our careers, change how we do business, or dramatically influence our personal lives.”*

- CNN.com, “Liar! Three ways to tell if somebody is lying”

- 1) Read Matthew 5:33-37. What is Jesus talking about? What is surprising or confusing or challenging about this passage?
- 2) Why is telling the truth so difficult? What are reasons or excuses you like to use to tell a lie? What does Jesus say about those reasons?
- 3) A lie, at it's core, is promoting an alternative reality, one that doesn't line up with facts. How did a lie bring about the Fall in Genesis 3? What lies are we continually tempted to believe about God and ourselves?
- 4) Why should Christians be a people who are known for their truthfulness?
- 5) Dietrich Bonhoeffer in *The Cost of Discipleship* says this: “The very existence of oaths is a proof that there are such things as lies...the cross is God's truth about us.” What does the cross tell us about us that allows us to look at reality in they eye?
- 6) How does the regular practice of confessing our sins to one another make us more truthful?
- 7) How does Jesus help you become more truthful? How does the gospel help you be less manipulative and be the same person regardless of who you are with?

Take time to pray together, that God would help us see the truth about ourselves and be so comfortable in Christ that we aren't afraid of telling the truth.