



**“You Wouldn’t Like Me When I’m
Angry”**

Matthew 5:21-26

BIBLIOGRAPHY:

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Head: Understanding the Bible

“Anger is about displeasure. When you are pleased with something, it’s impossible to feel angry.”
~David Powlison

- 1) What is the sixth commandment? What is prohibited? What is required?

- 2) Read Matthew 5:21-22. How is anger connected to murder according to Jesus? What are the different ways we ‘murder’ others?

- 3) How does Jesus’ explanation of the Old Testament Law prohibiting murder change the way we should read the commandments?

- 4) What is the motivation for reconciliation between one another in this passage? How important is it?

Heart: Using the Gospel on Our Affections

“Lord, fill us with wonder as we see how the true God deals with hardened rebels against his will. You are the one who has a right to have a holy anger toward us for our rebellion. Yet you poured out your holy rage upon Christ in our place....It was our sinful anger and malicious hate that brought him there, and yet he freely sacrificed his own life for the sake of our reconciliation to you.”

~Barbara R Duguid *“Prone to Wander: Prayers of Confession and Celebration”*

- 5) Read Genesis 9:6. How does God deal with angry murderers in the Old Testament? What then does that say about our anger? How is Genesis 9:6 fulfilled on our behalf in Christ?

Hands: Applying the Gospel to Our Lives

“Love detests what destroys the beloved. Real love stands against the deception, the lie, the sin that destroys...The more a father loves his son, the more he hates in him the drunkard, the liar, the traitor...Anger isn't the opposite of love. Hate is, and the final form of hate is indifference.”

~Rebecca Pippert

- 6) What makes you angry? What is your anger telling you?
- 7) Why must we “not let the sun go down on our anger?” (Ephesians 4:26; Psalm 37:8)
- 8) How do you apply Jesus' command to seek your offended brother (or sister) before worship? Who do you need to seek reconciliation with?
- 9) Take time to pray for God's grace and mercy to put water on the fires of our sinful anger and ask for help to get angry at the right things.